



**NEWS**  
For Immediate Release

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**Camarillo's First Lymphedema Clinic Opens as Part of Expansion  
of Conejo Valley Physical Therapy into the Community**

(Camarillo, CA) – September 12, 2016 -- Camarillo's first physical therapy office to include a Lymphedema Clinic has opened this week as part of the expansion of the well-known Conejo Valley Physical Therapy practice in Thousand Oaks.

The new office offers local residents a variety of therapies and equipment designed to aid in the recovery from injury or illness. Under the guidance of trained therapists, this includes the latest treatment methods for a variety of physical conditions including sports injuries, tendonitis, sprains, strains, sciatica, chronic low back pain, TMJ, scoliosis, acute whiplash, muscular imbalances and many other common conditions.

Unique to the office is Camarillo's first Lymphedema Clinic. Lymphedema is the swelling of a body part, most often in the arms and legs, as a result of an accumulation of protein-rich fluid in the tissues under the skin. Clinic owner and therapist Jennifer Vonarb M.P.T., C.L.T. is one of the few physical therapists certified in Lymphedema therapy and her techniques have brought comfort and relief to countless local residents.

“Lymphedema therapy can help anyone with any type of swelling due to cancer, infection, trauma or a mastectomy,” says Vonarb. “Even patients with the most challenging problems see a quick reduction of chronic swelling and an improved quality of life.”

A Southern California native, Vonarb brings to her practice more than 25 years of hand on experience, including working at the renowned Kerlan-Jobe Orthopedic Clinic in Los Angeles specializing in sports medicine and orthopedic patients. Vonarb holds a bachelor of science degree in kinesiology from the University of California, Los Angeles and a master's in physical therapy from Hahnemann University in Philadelphia.

Working with Vonarb is physical therapist Tessa L Waggoner, MS, PT, CLT. who has practiced in Oxnard for the past ten years. Waggoner completed her undergraduate studies in kinesiology at California State University, Northridge and holds a masters of science in physical therapy from UC San Francisco. In 2004, she completed a special certification course with The Academy of Lymphatic Studies to become a Certified Lymphedema Therapist.

The new office is located at 4035 Mission Oaks Blvd, Suite B in Camarillo. Further information may be obtained by calling 805-497-9411 or at [www.conejovalleypt.com](http://www.conejovalleypt.com).

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